

Calendar	Topic	Assessment	Sequencing and Coherence <i>concepts - themes - skills</i>	Literacy <i>reading - vocabulary - oracy - writing</i>
<b>Autumn</b>  <b>Half Term 1</b>	Sports psychology – Paper 2: Socio-cultural influences and well-being in physical activity and sport. <div>             Skill and ability, including classification of skill.              Definitions and types of goals.              The use and evaluation of setting performance and outcome goals, including the use of SMART targets to improve/optimise performance.           </div>	<i>Pupils will sit an end of unit exam on full chapter studied. The exam will be out of 40 marks, and will include a variety of A01, A02 and A03 questions. The exam will consist of one 6 – 9 mark question.</i>  <i>Grades will be awarded in line with the AQA 2023 grade boundaries.</i>  <i>Following the teacher marking of the exam, pupils will have a full exam review lesson with written feedback and MAD (make a difference) tasks</i>	Skill classification and goal setting must be taught before coursework has started so that pupils can create an action plan for their evaluation  <b>Declarative Knowledge</b> – key terms and definitions including listed in the topic sections  <b>Procedural and application</b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> <li>• Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</li> </ul>

	<p>Physical training – Paper 1: The human body and movement in physical activity and sport.</p> <p>Health and fitness recap, including the relationship between health and fitness.</p> <p>The components of fitness.</p> <p>Linking sports and activities to the required components of fitness.</p> <p>Reasons for and limitations of fitness testing.</p> <p>Measuring the components of fitness and demonstrating how data is collected.</p> <p>The principles of training and overload.</p> <p>Applications of the principles of training.</p>	<p><i>Pupils will sit an end of unit exam on full chapter studied. The exam will be out of 40 marks, and will include a variety of A01, A02 and A03 questions. The exam will consist of one 6 – 9 mark question.</i></p> <p><i>Grades will be awarded in line with the AQA 2023 grade boundaries.</i></p> <p><i>Following the teacher marking of the exam, pupils will have a full exam review lesson with written feedback and MAD (make a difference) tasks</i></p>	<p>This topic is always has a high weighting of questions on the exam so the topic is taught in more depth over two half terms. Practical time is also used to teach some of this topic through practical lessons</p> <p>All of this topic needs to be understood before part 2 of the coursework can be completed with a January deadline</p> <p><b>Declarative Knowledge</b> – key terms and definitions including listed in the topic sections</p> <p><b>Procedural and application</b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios</p>	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> <li>• Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</li> </ul>
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<p><b>Autumn Term</b></p> <p><b>Half Term 2</b></p>	<p>Physical training – Paper 1: The human body and movement in physical activity and sport.</p> <p>Types of training- including an introduction to the analysis and evaluation task.</p> <p>Types of training (continued) with reference to the advantages and disadvantages of using these types for different sports.</p> <p>Calculating intensity.</p> <p>Considerations to prevent injury.</p> <p>High altitude training and seasonal aspects.</p> <p>Warming up and cooling down.</p> <p>Application of the principles to the analysis and evaluation task.</p>	<p><i>Pupils will sit an end of unit exam on full chapter studied. The exam will be out of 40 marks, and will include a variety of A01, A02 and A03 questions. The exam will consist of one 6 – 9 mark question.</i></p> <p><i>Grades will be awarded in line with the AQA 2023 grade boundaries.</i></p> <p><i>Following the teacher marking of the exam, pupils will have a full exam review lesson with written feedback and MAD (make a difference) tasks</i></p>	<p>This topic is always has a high weighting of questions on the exam so the topic is taught in more depth over two half terms. Practical time is also used to teach some of this topic through practical lessons</p> <p>All of this topic needs to be understood before part 2 of the coursework can be completed with a January deadline</p> <p><b>Declarative Knowledge</b> – key terms and definitions including listed in the topic sections</p> <p><b>Procedural and application</b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios</p>	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> <li>• Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</li> </ul>
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<p><b>Spring Term</b></p> <p><b>Half Term 3</b></p>	<p>Sports psychology – Paper 2: Socio-cultural influences and well-being in physical activity and sport.</p> <p>Examples of and evaluation of the types of feedback and guidance.</p> <p>Arousal and the Inverted U theory.</p> <p>Application of how optimal arousal has to vary in relation to the skill/stress management techniques.</p> <p>Aggression and personality.</p> <p>Intrinsic and extrinsic motivation, including evaluation of their merits.</p>	<p><i>Pupils will sit an end of unit exam on full chapter studied. The exam will be out of 40 marks, and will include a variety of A01, A02 and A03 questions. The exam will consist of one 6 – 9 mark question.</i></p> <p><i>Grades will be awarded in line with the AQA 2023 grade boundaries.</i></p> <p><i>Following the teacher marking of the exam, pupils will have a full exam review lesson with written feedback and MAD (make a difference) tasks</i></p>	<p>Some of this topic is delivered in year 10 and revisited in year 11. Some of this content can be used to strengthen part 2 of the coursework. This topic was also delivered in the year 9 theory unit of work and revisited in year 11.</p> <p><b><u>Declarative Knowledge</u></b> – key terms and definitions including listed in the topic sections</p> <p><b><u>Procedural and application</u></b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios</p>	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> <li>• Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</li> </ul>
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<p><b>Spring Term</b></p> <p><b>Half Term 4</b></p>	<p>Socio-cultural influences – Paper 2: Socio-cultural influences and well-being in physical activity and sport.</p> <p>Engagement patterns and the factors affecting them.</p> <p>Commercialisation, sponsorship and the media.</p> <p>Positive and negative impacts of sponsorship and the media.</p> <p>Positive and negative impacts of technology.</p> <p>Conduct of performers and introduction to drugs.</p> <p>Sporting examples of drug taking.</p> <p>Advantages/disadvantages to the performer/the sport of taking PED's.</p> <p>Spectator behavior and hooliganism, including strategies to combat hooliganism.</p>	<p><i>Pupils will sit an end of unit exam on full chapter studied. The exam will be out of 40 marks, and will include a variety of A01, A02 and A03 questions. The exam will consist of one 6 – 9 mark question.</i></p> <p><i>Grades will be awarded in line with the AQA 2023 grade boundaries.</i></p> <p><i>Following the teacher marking of the exam, pupils will have a full exam review lesson with written feedback and MAD (make a difference) tasks</i></p>	<ul style="list-style-type: none"> <li>• The content of this topic is ever changing with technology and the media so left to later in the year to allow for any adaptations for the specification.</li> <li>• Pupils do not need to know any of this information prior to completion of coursework</li> </ul> <p><b><u>Declarative Knowledge</u></b> – key terms and definitions including listed in the topic sections</p> <p><b><u>Procedural and application</u></b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios</p>	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> <li>• Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</li> </ul>
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<p><b>Summer Term</b></p> <p><b>Half Term 5</b></p>	<p>Revision and exam technique</p>	<p>Marking of 6-9 mark questions</p> <p>Multiple choice questions for starters</p> <p>Preparation for final GCSE PE exam</p>	<p>All content to be delivered before Easter to allow maximum time for revision and exam technique</p> <p><b><u>Declarative Knowledge</u></b> – key terms and definitions including listed in the topic sections</p> <p><b><u>Procedural and application</u></b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios</p>	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> <li>• Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</li> </ul>
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<p><b>Summer Term</b></p> <p><b>Half Term 6</b></p>	<p>Revision and exam technique</p>	<p>Marking of 6-9 mark questions</p> <p>Multiple choice questions for starters</p> <p>Preparation for final GCSE PE exam</p>	<p>All content to be delivered before Easter to allow maximum time for revision and exam technique</p> <p><b><u>Declarative Knowledge</u></b> – key terms and definitions including listed in the topic sections</p> <p><b><u>Procedural and application</u></b> – A01, A02 and A03 questioning development. Pupils will explore the different command words and will practice applying their knowledge to a variety of different sporting examples and scenarios</p>	<ul style="list-style-type: none"> <li>• Key word glossary given out</li> <li>• Command word glossary allocated to all pupils</li> <li>• Use of WAGOLLS for developing 6 – 9-mark questions</li> <li>• Structure support sheets used for developing A03 responses</li> <li>• Full mark scheme with written response examples given to all pupils on exam review lesson</li> <li>• Reading starters including newspaper articles, fact sheets and text book readings</li> </ul> <p>Discussions with pupils through structuring, guiding, questioning and collaborating information/facts allows pupils to gain a clear understanding of topics and how to answer exam questions and allows the teacher to assess pupils knowledge and understanding.</p>
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